

East Anglian Traditional Music Trust
Traditional Music Day
Saturday 27th September



Welcome to The East Anglian Traditional Music Trust's - Traditional Music Day 2025

We are excited about this year's event with an amazing array of music, song and dance celebrating East Anglia's rich heritage. Be prepared for a day filled with talks, workshops, films, storytelling, song, dance, music and more. We are sure you will find something for everyone.

Play an instrument? Jump into one of our many friendly sessions! Never played before? Try a Have-a-Go workshop and discover something new. Enjoy stepdancing, Morris dancing, country dancing, and Kerala dance across town, plus fun workshops to help you strut your stuff. Don't miss the Fringe events at Old Fox Yard & Fred's Bar! As you enjoy the sounds of Traditional Music Day, take a moment to experience Stowmarket's warm welcome! With its cosy cafés, characterful pubs, unique local shops, and friendly vibe, the town offers the perfect backdrop for a day of music, song and dance.



Welcome from Ivan Cutting - Chair Trustees

We're delighted to welcome you to Traditional Music Day 2025, a much-loved event that continues to grow in size, spirit, and sound. This year is particularly exciting as we kick off celebrations for the 25th anniversary of the Traditional Music Trust! It all began for me back in 1984, when I first met John and Katie Howson while working on The Reapers Year, an Eastern Angles show about agricultural workers gaining the vote. They joined us at several venues with their infectious energy—leading harvest-style dances and bringing traditional music to life. From those early conversations, the idea of the Trust was born, and in 2000 it officially launched. Since John and Katie's retirement, the Trust has carried on with passion and purpose. Even through the challenges of recent years, the team has kept the flame alive—thanks to the generosity of the Ruddock legacy, fantastic local support, and the dedication of people like the indefatigable Alex Bartholomew, who recently handed over the reins after years of brilliant work.

We're now proudly hosting our third Traditional Music Day in the town centre, with amazing support from Mid Suffolk District Council, Stowmarket Town Council, local councillors, venues, and our wonderful volunteers. Stowmarket is proving to be a perfect home for this joyful celebration of music, dance, and community.

If you'd like to help us grow even further, donations—whether in our buckets or via card—are always welcome and appreciated. Here's to a fantastic day of tunes, steps, laughter, and discovery. Let the music play on!



What Does the East Anglian Traditional Music Trust Do?

We're passionate about keeping the rich heritage of traditional music, song, and dance alive and thriving.

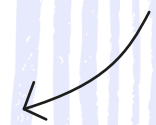
Here's what we do:

- Run events and workshops throughout the year
- Support other events with performers, advice, and resources
- Hire out traditional equipment like instruments, maypoles, and jig dolls
- Maintain our archive of songs, stories, and history
- Publish and share resources that help keep traditions alive
- Engage with schools, colleges and the community

All of this is made possible by a team of incredible volunteers. Whether you're a musician, dancer, web whizz, event steward, or just brilliant at making tea—we'd love to hear from you!



Sign up or find out more



Why not become a Friend of the Trust?

- Regular email updates
- Discounts at events
- A chance to support something truly meaningful

Let's keep the traditions alive—together!

www.eatmt.org.uk/friends-scheme/



Support Traditional Music

Donate to the East Anglian Traditional Music Trust and help keep our region's folk music and dance alive. Scan the QR code to donate
Charity No. 1082774



Community showcase/ Free events

John Peel Centre

10.15am **Official Opening** with **Chair of EATMT Ivan Cutting**, **The Mayor of Stowmarket**, and **Dancers from Kerala Community Supplementary School** followed by **session** *see sessions*
12.30pm-1.30pm **Jig Doll Workshop** with **George Monger** and **Peter Cousins**
4pm-5pm **Stepdancing Workshop** with **Kerry Fletcher** and **Tim Brooks**. All welcome

United Reform Church Church space

11.30am-12:30pm - **Big Sing** - New to singing? Love to sing but think you can't? Can't read music? Come and join us for a pain-free folky singalong and learn some easy unaccompanied traditional songs with harmonies. No previous experience required Suitable for all ages
12.30pm-1.15pm - **Bollywood Dancing Demonstration** and **Have a go** - with the **Kerala Community Supplementary School**
2pm-2.45pm - **Country Dancing** Some local children have been learning a few country dances. If you'd also like a go at learning them - or you remember dancing them in your childhood - polish up your knee-joints for the Patacake Polka, the Circassian Circle and others. All ages welcome
If dancing isn't your thing, you could have a go at getting one of the fabulous little jig-dolls to tap along with the music instead

United Reform Church Fison Hall

Have A Go Sessions
11am-11.45am **Concertina** with **Mike Acott**
12pm-1pm **Melodeon** with **Jill Parson**
2.30pm-3.30pm **Dulcimer Finds** – join **Richard Blake** and **George Monger** talking about their new finds and projects and **Have A Go at the Dulcimer**

United Reform Church Main Hall

11am-12pm **Storytelling** with **John Row**
1pm-1.45pm **Cafe and Crafts**. If you need a bit of quiet time and a sit-down, come and grab a snack and have a go at some traditional crafts. Make a Corn-dolly or plait a wrist-band.

Library

10.30am-11.30am **Childrens Activities** make yourself a Morris Dancer
1pm-2pm **Storytelling** with **John Row**

Royal William

3pm-4.30pm **The Old Timers' String Band:**
Traditional Music from both sides of the Atlantic

Town Clock/Market Place

1pm **Stepdancing Showcase** with **Fiona Davies**

Dance Displays

Morris, Molly and Stepdancing around the Town *see below for more*

Sessions

Friday Night 8.30pm **Royal William: Sussex Bangers Session** with **The Scan Tester Fan Club**. Current favourite tunes played at Sussex sessions. Everyone welcome to join in.

Saturday

John Peel Centre

10.30pm-2pm **Welcome Session** with the **11 Market Place Folk Sessioners** led by **George Monger**
British Legion

5pm-6pm **Open Music Session** – musicians, jig dolls and steppers welcome.
Hosted by **Otis Luxton**

11 Market Place

12.30pm-2.30pm **Music and Song Session** with **The Harbour Inn Crowd** from Southwold.
Hosted by **Derek Simpson**

3pm-4.30pm **Music Session** led by **James Delarre & Saul Rose**

5pm-6.30pm **A Chance to Sing** with **Eammon Andrews**

7.30pm-10.30pm **Musicians welcome**

Royal William

Friday 8.30pm **Session** with **The Scan Tester Fan Club** *see above*.

Saturday 12pm-2.30pm **Traditional Irish Music Session** with **Michael Sheehy**, **Alan Block** and **Katie Howson**
Evening – **Musicians welcome**

Exhibition- Romani and Traveller Singers in an Archive of English Folk Song

Hosted by **Hazel Marsh** – Professor of Cultural Politics. U.E.A
Stowmarket Scout Centre

Meeting Room

11am-4pm

Recordings of Romani and Traveller people have had a lasting impact on folk song repertoires in the UK and Ireland. However, the cultural and ethnic backgrounds of Romani and Traveller singers have seldom been acknowledged in archive catalogues. This exhibition focuses on the representation of Romanies and Travellers in the folk song heritage of England through the lens of the Vaughan Williams Memorial Library collections.

Local Musicians in an Informal Setting

Old Fox Yard / Fred's Bar and Vinyl

| | |
|-----------------|--|
| 11am-11.30pm | Tanglethread. |
| 11.45am-12.15pm | Pete Twitchett. |
| 12.30pm-1pm | Celia Kemp. |
| 1.15pm-1.45pm | Janet Spencer-Rolfe. |
| 2pm-2.30pm | Steve O'Kane & Fiona Mcbain. |
| 2.45pm-3.15pm | Peter Gosling & Sarah Sloane. |
| 3.30pm-4pm | Otis Luxton. |
| 4.15pm-4.45pm | Sarah Stock. |
| 5pm-5.30pm | The Larks. |

Stalls

United Reform Church

Main Hall

Terry Mann Medieval and Renaissance Woodwind,
Veteran The traditional music label, **Con Rendall Bespoke Instruments**,
PJ Music, **BOD Drums**, **Dee's vintage and pre-loved clothing**



Ticketed Events

Evening Concert

John Peel Centre 7.15pm - 10.45pm
Tickets: £25

Nancy Kerr, Macdara Yeates, Georgia Shackleton,
James Delarre & Saul Rose, The Medlars. MC. Mike Norris.

The evening starts with a short Stepdance Showcase.

Evening Folk Club

British Legion 7.30pm - 10.30pm
Tickets: £12.50

Folk club with guests Belinda Kempster & Fran Foote, Matt Quinn
and Mossy Christian & Megan Wisdom.

MC. Shirley Harry. Singers and Musicians welcome.

DAYTIME TICKETED EVENTS – covered by £15 Day Ticket or pay entry on the door

The Scan Tester Fan Club

John Peel Centre

2.15pm - 3.30pm

An informal performance with tunes, songs and anecdotes and little nuggets of information about the music and the band's inspiration, the legendary Sussex musician. Introduced by Ivan Cutting

Tickets: £5 or entry with £15 day ticket

Georgia Shackleton with Aaren Bennett

British Legion

2.15pm - 3.15pm

Georgia and Aaren present music from Georgia's album "Harry's Seagull," a celebration of East Anglian traditional music. The album is named after a tune Georgia wrote and dedicated to Harry Cox. Introduced by Jayne Delarre.

Tickets: £5 or entry with £15 day ticket

Macdara Yeates.

British Legion

3.45pm - 4.30pm

Traditional singing from Dublin. Introduced by Shirley Harry.

Tickets: £5 or entry with £15 day ticket

Performing Traditional English Songs with The Medlars

British Legion

11.30am - 12.30pm

Bring your voice or an instrument and join in with melodies, harmonies, chords, and rhythms.

Tickets: £5 or entry with £15 day ticket

Dick Miles- Down Memory Lane

British Legion

1pm - 1.45pm

Songs from Suffolk and Beyond. Introduced by Ivan Cutting.

Tickets: £5 or entry with £15 day ticket

Talks

"My Fifty Years with Harry Cox" Christopher Heppa

Stowmarket Scout Centre

11am - 12pm

Christopher talks about his discovery of traditional music, his visits to Harry's family and neighbours, written articles and the joys and disappointments of oral research.

Tickets: £5 or entry with £15 day ticket

"They were the days...." Collecting oral testimony about Norfolk's traditional music heritage. Presented by Chris Holderness.

Stowmarket Scout Centre

12.30pm - 1.30pm

A talk about a project undertaken for many years to collect oral information about the county's rich musical heritage: the process and the information gathered. A description of a journey to discover more about those musicians who had been recorded and become known, and many more who hadn't, as well as the places where such music-making happened, leading to the establishment of an archive now housed with the East Anglian Traditional Music Trust and Norfolk Sound Archive.

Tickets: £5 or entry with £15 day ticket

In The Roud – A Folk Song Podcast LIVE Roud 164: John Barleycorn (with Steve Roud and Belinda Kempster & Fran Foote) Matt Quinn

Stowmarket Scout Centre

2pm - 3.30pm

Matt presents a live version of his podcast which (with the help of historians, folklorists and singers) dives into the world of folk songs and looks at them from both an historical and modern perspective.

Tickets: £5 or entry with £15 day ticket

250 years of the dulcimer in East Anglia Katie Howson

Stowmarket Scout Centre

4pm - 5pm

Katie's presentation looks at the historic instruments, players and makers from across the four eastern counties. The talk includes many images, stories and sound clips and will introduce you to the new website (www.eastangliandulcimers.org.uk) created by Katie based on over 40 years of research by herself and her late husband John Howson.

The 250 year old dulcimer? You'll have to come along to find out!

Tickets: £5 or entry with £15 day ticket

Archive Films - Billy Bennington: "I Thought I was the Only One" Ray Hubbard: The Last Horseman

Stowmarket Scout Centre

5.30pm - 6.30pm

Billy Bennington: "I Thought I was the Only One"
Mossy Christian presents Veteran's film of Norfolk's virtuoso dulcimer player.

Ray Hubbard: The Last Horseman

Ray was a Horseman, countryman, singer and melodeon player from East Anglia. Filmed just after his 90th birthday in 2023.

Introduced by Lindsay Want.

Tickets: £5 or entry with £15 day ticket



Artists



Nancy Kerr

EVENING CONCERT - John Peel Centre 7.15pm-10.45pm £25

Already a respected interpreter of traditional material, Nancy's emergence as a writer of rare style has drawn comparisons to William Blake in her reawakening of a radical folk mythology as a backdrop for contemporary narratives. Nancy is one of the most celebrated folk musicians of her generation, and has won 6 Folk Awards from BBC Radio 2 and appeared in various prestigious groups such as Melrose Quartet and Simpson, Cutting, Kerr. Her research on Norfolk traditional song has been recently featured on BBC Radio Three's "The Song Detectorists".

Macdara Yeates

EVENING CONCERT - John Peel Centre 7.15pm-10.45pm £25
British Legion 3.45pm-4.30pm £5/£15day ticket

Described as "a deep and intense performer" (Irish Music Magazine), Macdara Yeates is known for his performances of Irish classics, docker songs and the forgotten ballads of his Dublin neighbourhood. Macdara has a crystal-clear voice that contains echoes of the declamatory style of Luke Kelly and the emotional depth-charge of Liam Weldon, yet his full-bodied singing is never anything but his own.



Georgia Shackleton

EVENING CONCERT - John Peel Centre 7.15pm-10.45pm £25
British Legion 2.15pm-3.15pm £5/£15day ticket



Georgia works with fiddle, voice, tenor guitar and drones to create crisp arrangements of old songs, and new compositions. She takes great influence from the traditional singers of the East of England such as Harry Cox, Walter Pardon and Phoebe Smith. Her solo album, 'Harry's Seagull' is a celebration of East Anglian traditional music named after a tune she wrote and dedicated to Harry Cox, who kept a wounded seagull as a pet for a period of time. Georgia will be performing this material along with **Aaren Bennett** on guitar and appearing solo in the evening concert.

James Delarre & Saul Rose

EVENING CONCERT - John Peel Centre 7.15pm-10.45pm £25
Session - 11 Market Place 3pm-4.30pm Free

James and Saul are known for their warmth and exquisitely delivered traditional tunes and songs. The duo intertwine seamlessly; dancing around the tunes and breathing fresh energy into the music. A founding member of the critically acclaimed Topette!!, Mawkin, and Mawkin:Causley, James has established himself as a stalwart of the English traditional music scene. Saul is a renowned melodeon player and singer. A long-time member of Waterson:Carthy, he has an unrivalled record of membership of premier folk bands including Faustus, Eliza Carthy's Wayward Band and Whapweasel.



The Scan Tester Fan Club

Session - Royal William Friday 8.30pm FREE
John Peel Centre 2.15pm-3.30pm £5/£15day ticket



The Scan Tester Fan Club are Will Duke (concertina), Liz Evans (fiddle), Jonathan Burrows (one row melodeon), and Pete Rogan (bassoon). They're dedicated to the style and tunes of the great traditional Sussex concertina player Scan Tester, whose instrument Will plays. The music is rhythmically driven and highly ornamented, interspersed with songs from Will Duke's unique repertoire.

Belinda Kempster & Fran Foote

Folk Club - British Legion 7.30pm-10.30pm £12.50
Scout Centre 2pm-3.30pm £5/£15day ticket

Belinda and Fran are a mother and daughter duo from Essex who sing folk songs from their family and home county without frills or fuss. Belinda began singing traditional songs in the 1960s. Many of their songs were learned from Fran's great uncle and farm labourer Ernie Austin, who was recorded for Topic's 'Voice of the People' release 'Flash Company' in 1974.



Matt Quinn

Folk Club - British Legion 7.30pm-10.30pm £12.50
Scout Centre 2pm-3.30pm £5/£15day ticket



Primarily a mandolin and duet concertina player, Matt is well known for his skills on the melodeon and as a singer. He currently performs solo, in a duo with George Sansome (Granny's Attic), and with the unaccompanied harmony trio Culverake. Matt created "In The Roud" a regular folk song podcast delving into the world of traditional folk song via the Roud Index and presents a live podcast version for us with the help of Steve Roud and Belinda Kempster and Fran Foote.

The Medlars

British Legion 2.15pm-3.15pm £5/£15day ticket
EVENING CONCERT - John Peel Centre 7.15pm-10.45pm £25

Originally formed in 2009 The Medlars are folk trio from Essex, performing songs and tunes originated and rooted in the folk tradition, revisiting and creating new arrangements of classic English folk songs with a contemporary feel. Its current line up formed from a chance encounter at Folk East 2017, The Medlars are now Alie Barnes - vocals, Emma Hardy - fiddle/vocals, Tom Hardy guitar/vocals.



Mossy Christian and Megan Wisdom

Folk Club - British Legion 7.30pm-10.30pm £12.50



Hailing from Lincolnshire and East Anglia respectively, Mossy Christian and Megan Wisdom perform traditional English folk songs, unaccompanied or supported by a variety of instruments. With songs from traditional singers such as Cyril Poacher, Sam Lerner, and Oscar Woods, influenced by revival era performers such as Peter Bellamy, Anne Briggs and Nic Jones. There are instrumental tunes too, with one row melodeon and saxophone complementing the mix.

Katie Howson

Scout Centre 2pm-3.30pm £5/£15day ticket
Session - Royal William 12pm 2.30pm FREE

A freelance performer, tutor, researcher and animateur, well known of course, for being the Artistic Director of the East Anglian Music Trust until 2017. Katie plays traditional music on the melodeon and harmonica and has spent much of her life either playing traditional music or passing it on to others.



Michael Sheehy

Session - Royal William 12pm-2.30pm FREE



Michael plays the piano accordion and is one of the finest exponents of the music of the Cork, Kerry, Limerick border. He plays in a style which is firmly rooted in the traditions of Sliabh Luachra. Michael is joined by fiddler **Alan Block** who also featured on Michael's album on Veteran, The Cat's Rambles.

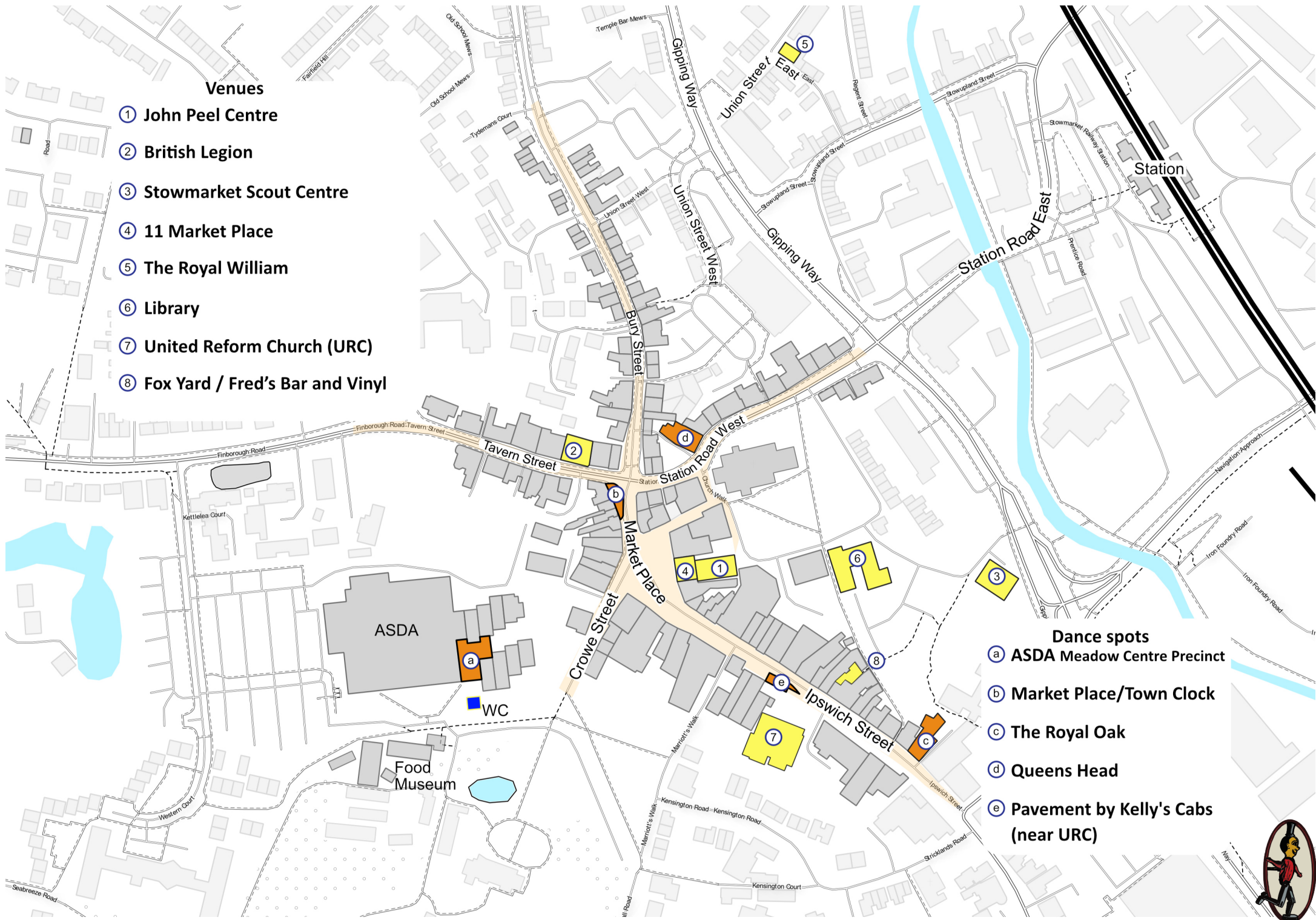


Venues

- ① John Peel Centre
- ② British Legion
- ③ Stowmarket Scout Centre
- ④ 11 Market Place
- ⑤ The Royal William
- ⑥ Library
- ⑦ United Reform Church (URC)
- ⑧ Fox Yard / Fred's Bar and Vinyl

Dance spots

- Ⓐ ASDA Meadow Centre Precinct
- Ⓑ Market Place/Town Clock
- Ⓒ The Royal Oak
- Ⓓ Queens Head
- Ⓔ Pavement by Kelly's Cabs (near URC)





The Harbour Inn Crowd Session - 11 Market Place 12.30pm-2.30pm FREE

The collection of musicians who are residents at The Harbour Inn Sessions in Southwold host monthly inclusive "sing, say or play" events based on traditional Suffolk pub evenings. Tunes, songs and stepdancing from local and visiting musicians and guests. This social and relaxed occasion will give you the chance to play or perform your party piece.



Dick Miles

British Legion 1pm-1.45pm £5/£15day ticket

Dick has been professional for 50 years, living for many years in Suffolk. His repertoire is traditional song including songs from East Anglia and beyond, both unaccompanied and with concertina. He showcases his new CD "Down Memory Lane".



The Old Timers String Band

Royal William 3pm-4.30pm FREE

This fiddle-led band plays a wide selection of traditional tunes from both sides of the Atlantic, from close to home to considerably far afield, reflecting the cross traffic of traditional music across the generations. The line up is Chris Holderness on fiddle, Phil Williams on bouzouki, David Reeves on 5 string banjo, Carly Stephens on fiddle, with Richard Blake on dulcimer.

Christopher Heppa

Scout Centre 11am-12pm £5/£15day ticket

Chris became interested in folk music aged around 17, but had no idea of the existence of recorded traditional singers, until when working abroad around 1974, he discovered Harry Cox. Once home, he visited Catfield and met Harry's daughter and son in law. Seeing that no one was researching this great singer, he began to interview relations, friends and local people, and continues to do so until the present, writing widely on the subject.



John Row

Storytelling United Reform Church(Main Hall) 11am-12pm FREE
Storytelling Library 1pm-2pm
Around the Town throughout the day

John is a world renowned Storyteller, an East Anglian who has performed locally, nationally and internationally for over fifty years. He has told stories, recited his poetry and run workshops on four continents in schools, prisons, museums, libraries and festivals. He published his autobiography "Pootling Through: A Life of Diversions" last year.



Chris Holderness

Scout Centre 12.30pm-1.30pm £5/£15day ticket

Lecturer, music historian and musician, Chris has a long-standing interest in the musical traditions of East Anglia. With much experience as lecturer, writer and performer, he spent many years performing local traditional music with Rig-a-Jig and Hushwing, as well as in other capacities, and has spent many years researching the area's rich traditional music legacy.



Bollywood Dancing Demonstration and Have a go URC 12.30pm -1.15pm - FREE
Dancing Demonstration Town Clock/Market Place 11am-11.30am FREE

Kerala Community Supplementary School

Founded in May 2010 by a group of eight parents from Kerala, a state on the southwest coast of India. Based in Ipswich, Suffolk, KCSS is part of a wider cultural initiative to support Keralite families living in the area - encouraging them to celebrate the best of both British and Keralite traditions.



Otis Luxton

Old Fox Yard / Fred's Bar and Vinyl 3.30pm-4pm FREE
Session - British Legion 5pm-6pm FREE

Otis is a melodeon player and woodworker with his roots firmly grounded in East Anglia. He studied melodeon at Newcastle University before embarking on a career as a luthier, as well as working in music education. He is influenced by contemporary accordion players from across the world and is most happiest when playing in sessions or for dance.



Eammon Andrews

Song Session - 11 Market Place 5pm-6.30pm FREE

Eammon is a longstanding supporter of EATMT and an active Trustee. He is a regular singer on the local scene, often acting as an MC at local sessions as well as dancing with Old School Rapper and displaying his step dancing skills.



Kerry Fletcher

Stepdancing Workshop - John Peel Centre 4pm-5pm FREE

A renowned choreographer and traditional dancer, Kerry is Co-Artistic Director of Folk Dance Remixed and coordinator of EFDSS's Folk Education Network. Kerry has hosted step dancing sessions at EATMD for many years and runs a stepping workshop again this year. She will be accompanied by eclectic fiddler, singer and songwriter and **Tim Brooks**.



Hazel Marsh

Exhibition- Scout Centre (Meeting Room) 11am-4pm FREE

Hazel Marsh is Professor of Cultural Politics at University of East Anglia. Her research focuses on issues concerning social and cultural justice and the contributions of Romani and Traveller groups to the societies they live in. She is lead author of 'How Romani Gypsy and Traveller people have shaped Britain's musical heritage' and 'Calling out the Catalogue: Romani Singers in an Archive of English Folk Song'. For more information and full list of publications see <https://research-portal.uea.ac.uk/en/persons/hazel-marsh>



Fiona Davies

Showcase in EVENING CONCERT - John Peel Centre 7.15pm -10.45pm £25
Stepdancing Workshop - John Peel Centre 5pm - 6pm FREE
Stepdance Showcase Market Square 1pm FREE

Fiona is a traditional Norfolk step dancer now based near Edinburgh. She is also an artist, village sign painter, music promoter and a key figure in the Trusts' Stepdancing activities. She appeared on the BBC's Repair Shop programme last year featuring the dancing boots of her father Richard Davies.



George Monger

Jig doll workshop - John Peel Centre 12.30pm-1.30pm FREE
Music session John Peel Centre 10.30am-12pm FREE

George is a folklorist, researcher and musician and leads monthly music sessions at 11 Market Place, a key Music Day venue. He is an active volunteer for the John Peel Centre and a key member of the Traditional Music Day volunteer team.



What is Red Gables?

At Red Gables, we have a variety of social and community groups, environmental initiatives and dementia-friendly projects

We also provide volunteer opportunities and affordable rooms and spaces to hire.



SCAN ME



[redgablesstowmarket](https://www.facebook.com/redgablesstowmarket) contact@redgables.org.uk

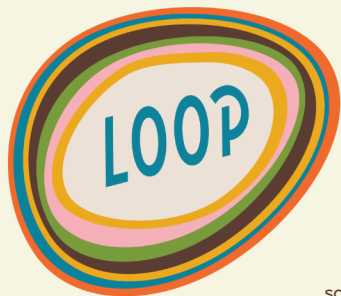


Red Gables, Ipswich Road,
Stowmarket, IP14 1BE

01449 673947



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CODE TO SIGN UP

FOLLOW THE STOWMARKET
CULTURE GROUP NEWSLETTER
AND KEEP UP TO DATE WITH
ACTIVITIES AND EVENTS
HAPPENING IN TOWN



Spot the instruments



dulcimer



melodeon



concertina



whistle



accordion



fiddle



recorder



banjo



guitar



Pipe and Tabor



harmonica



autoharp



bagpipes



bodhrán



cello



drum



We are delighted to host a
day of Traditional Music.

CRAFT BEERS, WINES, SPIRITS & RECORD SHOP
No 7, The Old Fox Yard, Stowmarket.

INDEPENDENT

ORGANIC

WHOLEFOODS

SOURDOUGH

FRUIT & VEG

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Morris Sides

AnnieMation

North-West

Established in 1979 as *Annie's Fantasies*. In 2018 we rename to AnnieMation to move away from dubious internet search results but retain a link to our founder, Annie. Our trademarks are our red clogs, black and red stripes and being a side that likes to get out there and dance with enthusiasm. Based in Colchester.

Essex founded 1979

Boudicca Border Morris

Border

Hadleigh-based Boudicca Border Morris were formed in 2018 and are an eclectic group dancing both traditional dances & original ones. Their self-described style is "Steam Punk meets pirate, we aim to entertain & have fun".

Suffolk founded 2018

Colchesler Morris

Cotswold

Founded in 1926, originally named Colchester Morris Men and in recent years have become a mixed side. The side disbanded during World War 2 and reformed in 1953. They perform in the Cotswold style, accompanied by a variety of instruments including melodeon, accordion, fiddle and pipe & tabor.

Essex founded 1926

East Suffolk Morris Men

Cotswold

East Suffolk Morris Men were formed in 1958 and at that time were the only Morris side in Suffolk; my how things have changed and grown! "ESMM dance traditional men's dances of England from the Cotswolds and enjoy keeping this rich tradition alive and sharing it with people of east Suffolk and beyond". Based around the Ipswich area.

Suffolk founded 1958

Bury Fair Women's Morris

Cotswold

Bury Fair, founded in 1978, dances traditional Cotswold dances, and we take our name from the medieval fair that took place in Bury St. Edmunds from 1272 until 1871. The dancers are all women... and the musicians are mixed.

Suffolk founded 1978

Green Dragon Morris

Border

A mixed border side. We took our name from a local historical reference found in the diaries of John Oakes 1741-1829; "The Morris men's drink allowances were taken at the Green Dragon in Guildhall Street".

Suffolk founded 1993

Haughley Hoofers

North-West

Haughley Hoofers are a Ladies traditional North-West clog dancing group based in Haughley, Suffolk.

Suffolk founded 1984

Hells Bells

Border

A Border Morris side, dressing in steampunk attire - it's a sassy combination! Hell's Bells is proud to be a mixed side. They perform at festivals and fairs as well as specific Morris and steampunk events.

Essex Founded 2016

Holt Ridge Morris

Cotswold

Holt Ridge Morris are a mixed Morris side based mainly in North Norfolk but with members across the UK. "We dance the 'Cotswold' traditions which use handkerchiefs (waivers) and sticks.

Norfolk founded 2012

Hoxon Hundred Morris

Cotswold

A side from the Norfolk/Suffolk border, practising in Hoxon. We have mixed aged membership and strive to give a traditional feel to our performance, drawing on the many traditions that make up the Morris.

Suffolk founded 1983

Kemp's Men of Norwich

Cotswold

Founded in 1956 in Norwich, Kemp's Men dance a wide mixture of Cotswold Morris together with dances from their own local "tradition" of Norwich-upon-Wensum. They can be spotted in white shirts, brown breeches and green and yellow baldricks.

Originally a men's side they have recently become a mixed side.

Norfolk founded 1956

Little Egypt

Cotswold

The Morris Men of Little Egypt, (colloquial name for Glemsford), to give them their full title, hail from Glemsford, near Bury St Edmunds. Originally set up to support a Church fête, they now dance all over the county, country and beyond. Highlights of each year are the celebration of May Day, the ever-popular Summer Solstice event, the Horkey and Boxing Day, and much else in between.

Suffolk founded 1992

Milkmaid Molly

Molly

Milkmaid Molly's whole ethos is to support vulnerable and disadvantaged people to enrich their lives through the joy of music and movement. We have a core of people with various disabilities who are encouraged and helped by more able, fitter dancers. We perform very simply adapted Molly dances. The idea has proved so popular that we are now looking for help from fit people to assist our Mollies and guide them in the right direction when moving on the dance floor.

Suffolk founded 2012

Ouse Washes Molly Dancers

Molly

"Ouse Washes have been performing the traditional Molly dances of the Fens since 1984. Based in Norfolk, UK, we regularly perform at major international festivals in the UK and beyond. Our powerful dances and mysterious stories from the depths of the Fens provide our audiences with a memorable experience!"

Norfolk founded 1984

Rising Larks

North-West & Garland

The Rising Larks are a North West Morris and Garland dance team from Harwich in Essex.

Essex founded 1981

Rumburgh Morris

Cotswold

Based in the village of Rumburgh, Suffolk. In summer, we perform at fetes, public events, and local pubs, often followed by music sessions. We are also known to perform traditional Mummer Plays.

Suffolk founded 2008

Spot the Morris Dancers



AnnieMation



Boudicca
Border Morris



Bury Fair
Women's Morris



Colchesler Morris



East Suffolk
Morris Men



Green Dragon
Morris



Haughley
Hoofers



Hells Bells



Holt Ridge
Morris



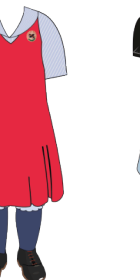
Hoxon Hundred
Morris



Kemp's Men
of Norwich



Milkmaid
Molly



The Morris Men
of Little Egypt



Ouse Washes
Molly Dancers



Rising Larks



Rumburgh
Morris



East Anglian Traditional Music Trust

STEP DANCE and JIG DOLL Afternoon

Special Guest **TERRY SUMMERS**

Sunday 9th November 2025 12 noon to 5pm
Wingfield Barns, Wingfield, Suffolk IP21 5RA

Jig doll meet up - bring your own jig doll or get to know one of EATMT's jig dolls, have a go to live music, and a chance to talk jig dolls with other enthusiasts.

Step dance tuition with an experienced local step dancer and musician. Wear hard soled shoes for this activity.

Talk and slideshow by special guest Terry Summers on Mechanical Dolls, plus a bit about Terry's long lifetime in folk music and dance.

Music session in the bar and foyer where you'll be able to try out your step dancing and try your jig doll skills.

Suggested donation £5.00

Bar open, also teas and coffees, from 12 noon
 Lunch of soup and rolls available to buy on the day
 Large car park, and close access for blue badge holders
 Raffle!

Proceeds to be split between EATMT and Wingfield Barns who have kindly offered this fabulous venue free of charge for this event.
 Activities from 1.30pm



www.eatmt.org.uk

info@eatmt.org.uk

East Anglian Traditional Music Trust

Supper & Song

A three course meal

@ Wakelyns Agroforestry Farm

created by

Lindsay Wright and Nicola Horden
from Silva Bakery

Songs with the Harbour Lights Trio

Sunday 19th October 1pm - 5pm

Cost £85 a head

All profits to go to East Anglian Traditional Music Trust to continue their community outreach

www.eatmt.org.uk

info@eatmt.org.uk



Thank You's

A heartfelt thank you to all the artists, workshop leaders, stewards, café gurus at the URC, stallholders, venues and everyone—named or unnamed—who helps make Traditional Music Day so special.

A huge shoutout to Team TMD, who work tirelessly behind the scenes all year round to bring the day to life.

And a special thanks to Alan Bearman for creating such an exciting and diverse programme.



Shout out for Shirley

Stalwart EATMT Supporter and Volunteer, Shirley Harry is EATMT's longest serving "volunteer". For almost as long as the Trust's existence, Shirley has been involved in its work. Over the last 6-7 years, her unwavering support has been instrumental in helping to keep the EATMT ship sailing and so it's time we took some time to recognise her work. Many will know Shirley from the numerous folk festivals and concerts that are put on around the country (and further afield). She is the reliable ticket buyer, audience member, solo singer, group singer, musician, dancer, caller, MC, Duty manager, Event Organiser. The list goes on. Behind the scenes, Shirley runs the EATMT Friends Membership Scheme, adviser, helper of anything and the provider of a sound shoulder to lean on. Reliable, hard working and trustworthy are traits that makes Shirley's contribution to the Trust's work invaluable. And all of these qualities also make her a superb friend.

Cheers Shirley! Long may you continue to gift your time to EATMT!

Alex Bartholomew

East Anglian Traditional Music Trust

In Association with

Southwold Books

Blyth Voices

Folk songs collected in Southwold
 by Ralph Vaughan Williams and George Butterworth in 1910
Thursday 9th October 2025 4pm to 6pm

Southwold Sailors' Reading Room

Cost: £5 to include a glass of wine, beer or soft drink

The Author **KATIE HOWSON** will be talking about her book which was first published in 2002 as part of the Blyth Valley Voices project, and revised in 2024 to include a song missed in the first publication, as part of the EATMT project Vaughan Williams Folk, which coincided with the national celebrations commemorating 150 years since Vaughan Williams' birth.

The 16 songs were collected mostly from Southwold fishermen. Katie will be joined by local singers who will sing a selection of these songs.



Published by the East Anglian Traditional Music Trust

www.eatmt.org.uk

info@eatmt.org.uk

East Anglian Traditional Music Trust

presents

Flying Flock Folk Session

East Anglian Traditional Music Trust Presents

Flying Flock - Folk Session

Travelling Session - moving around East Anglian

Playing and Singing Traditional East Anglian music from our Archive

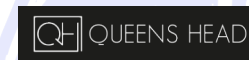
For more information and to sign up to the FFFS mailing list and get the session tunes

www.eatmt.org.uk

info@eatmt.org.uk



Sponsors



Venues

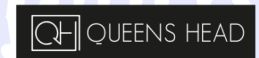


United Reformed Church
Stowmarket



The Royal William

The Royal Oak
 Stowmarket



| John Peel Centre | British Legion | Scout Centre | 11 Market Place | The Royal William | (Church space) | United Reform Church (Fison Hall) | (Main hall) | Old Fox Yard Fred's Bar & Vinyl |
|--|---|---|-----------------|--|---|---|--|---|
| 10.15 Official Opening 10.30-12.00 Welcome Session | | | | | | | | |
| | 11.30-12.30 The Medlars | £ 11.00 -12.00 Christopher Heppa | £ | | 11:30 - 12:30 Big Sing | 11.00-11.45 Have A Go Concertina | 11.00-12.00 John Row Storytelling | 11.00-11.30 Tanglethread 11.45-12.15 Pete Twitchett 12.30-13.00 Celia Kemp |
| 12.30-13.30 Jig doll Workshop | | 12.30- 13.30 Chris Holderness | £ | 12.30-14.30 Music & Song Session | 12.00-14.30 Irish Music Session | 12.30 - 13.15 Have A Go Bollywood Dance | 12.00-1300 Have A Go Melodeon | 13.00-13.45 Cafe and Crafts |
| | 13.00 -14.45 Dick Miles | £ | | | | | | 13.15-13.45 Janet Spencer- Rolfe |
| 14.15-15.30 The Scan Tester Fan Club | £ 14.15-15.15 Georgia Shackleton with Aaren Bennett | £ 14.00- 15.30 In The Roud – A Folk Song Podcast LIVE | £ | | | 14.00-14.45 Country Dancing | 14.30-15.30 Talk & Have A Go Dulcimer. | 14.00-14.30 Steve O'Kane & Fiona Mcbain 14.45-15.15 Peter Gosling & Sarah Sloane 15.30-16.00 Otis Luxton |
| | 15.45-16.30 Macdara Yeates | £ | | 15.00-16.30 Music Session | 15.00-16.30 The Old Timers' String Band | | | 16.15-16.45 Sarah Stock |
| 16.00-17.00 Stepdancing Workshop | | 16.00- 17.00 Katie Howson | £ | | | | | 17.00-17.30 The Larks |
| | 17.30-18.30 Open Music Session | 17.30-18.30 Archive Films | £ | 17.00-18.30 A Chance to Sing | | | | |
| 19.15-22.45 Evening Concert | £ 19.30-22.30 Folk Club | £ | | 19.30-22.30 Musicians Welcome | Evening Musicians Welcome | | | £ = ticketed event |



Save the date for Traditional Music Day 2026 19th September

